

Avidity Biosciences Inc RNA under CEO Sarah Boyce



6		H	H	T		3	3	2		8
5		T	T	T		2	2	2		6
4		H	H	T		3	3	2		8
3		H	T	T		3	2	2		7
2		T	T	T		2	2	2		6
1		T	T	T		2	2	2		6

HEXAGRAM 15 - Ch'ien - Modesty

Above K'UN THE RECEPTIVE, EARTH
Below KEN KEEPING STILL, MOUNTAIN

This hexagram is made up of the trigrams

- Ken, Keeping Still, mountain, and
- K'un.

The mountain is the youngest son of the Creative, the **representative** of heaven on earth.

It

- **dispenses** the blessings of heaven, the clouds and rain that gather round its summit, and thereafter
- **shines** forth radiant with heavenly light.

This shows

- **what** modesty is and
- **how** it functions in great and strong men.

K'un, the earth, stands above.

Lowliness is a quality of the earth:

this is the very reason why it appears in this hexagram as **exalted**, by being placed **above** the mountain.

This shows how modesty functions in lowly, simple people: they are lifted up by it.

THE JUDGEMENT

MODESTY creates success.

The superior man carries things through.

It is the law of heaven

- to make fullness empty and
- to make full what is modest;
- when the sun is at its zenith,
 - it must, according to the law of heaven, **turn toward** its setting, and
- at its nadir
 - it **rises toward** a new dawn.

In obedience to the same law,
the moon

- when it is **full** begins to **wane**, and
- when **empty** of light it **waxes** again.

This heavenly law works itself out in the fates of men also.

It is the law of earth

- to alter the full and
- to contribute to the modest.
- High mountains are **worn down** by the waters, and
- the valleys are **filled up**.

It is the law of fate

- to undermine what is full and
- to prosper the modest.

And men also

- hate fullness and
- love the modest.

The destinies of men are subject to immutable laws that must fulfill themselves.

But

man has it in his power to shape his fate,

according as his behavior exposes him to the influence of **benevolent** or of **destructive** forces.

When

- a man holds a high position and is nevertheless modest,
- he shines with the light of wisdom;

if

- he is in a lowly position and is modest,
- he cannot be passed by.

Thus the superior man

- can **carry out** his work to the end
- **without** boasting of what he has achieved.

THE IMAGE

Within the earth, a mountain: The image Of MODESTY.

Thus the superior man

- reduces that which is too much, And
- augments that which is too little.

He

- weighs things and
- makes them equal.

The wealth of the earth in which a mountain is hidden is not visible to the eye, because the depths are offset by the height of the mountain.

Thus

high and low complement each other, and the result is the plain.

Here an effect that it took a long time to achieve, but that in the end seems easy of accomplishment and self-evident, is used as the image of modesty.

The superior man does the same thing when he establishes order in the world; he

- equalizes the extremes that are the source of social discontent and thereby
- creates just and equitable conditions. 1

THE LINES

Six at the beginning means:

A superior man modest about his modesty
May cross the great water.
Good fortune.

1. A dangerous enterprise,
such as the crossing of a great stream,
is made much more difficult
if many claims and considerations have to be taken into account.

On the other hand,

2. the task is easy
if it is attended to quickly and simply.

Therefore

the unassuming attitude of mind that goes with modesty fits a man to accomplish even difficult undertakings:

he

- imposes no demands or stipulations but
- settles matters easily and quickly.

Where

- no claims are put forward,
- no resistances arise.

Six in the second place means:

Modesty that comes to expression.
Perseverance brings good fortune.

"Out of the fullness of the heart the mouth speaketh."

When a man's attitude of mind is so modest that this expresses itself in his outward behavior, it is a source of good fortune to him.

For the possibility of exerting a lasting influence arises of itself, and no one can interfere.

Six in the fifth place means:

No boasting of wealth before one's neighbor.

It is favorable to attack with force.

Nothing that would not further.

Modesty is not to be **confused** with weak good nature that lets things take their own course.

When

- a man holds a responsible position,
- he must at times resort to energetic measures.

In doing so he

- must not try to make an impression by boasting of his superiority but
- must make certain of the people around him.

The measures taken

- should be purely objective and
- in no way personally offensive.

Thus modesty manifests itself even in severity.

MOVING HEXAGRAM

HEXAGRAM 05 – Hsu - Waiting (Nourishment)

Above K'AN THE ABYSMAL, WATER
Below CH'IEN THE CREATIVE, HEAVEN

All beings have need of **nourishment from above**.

But the gift of food comes in **its own time**, and for this one must **wait**.

This hexagram shows the **clouds** in the heavens, **giving** rain

- to **refresh** all that grows and
- to **provide** mankind with food and drink.

The rain will come in **its own time**.

- We cannot make it come;
- we have to wait for it.

The idea of waiting is further suggested by the **attributes** of the two trigrams –

- strength within,
- danger in front. 2

- Strength in the face of danger does not plunge ahead but **bides** its time, whereas
- weakness in the face of danger
 - grows **agitated** and
 - has **not the patience** to wait.

THE JUDGMENT

WAITING. If you are sincere,
 You have light and success.
 Perseverance brings good fortune.
 It furthers one to cross the great water.

Waiting **is not** mere **empty hoping**.
 It has the **inner certainty** of reaching the goal.
 Such **certainty** alone gives that light which leads to success.
 This leads to the perseverance that

- brings good fortune and
- **bestows** power to cross the great water.

One is faced with a **danger** that has to be overcome.
Weakness and impatience can do nothing.
 Only a **strong man** can stand up to his fate,
 for his **inner security** enables him to endure to the end.
 This strength shows itself in **uncompromising truthfulness (with himself)**.
 It is only when we have the **courage** to face things exactly as they are,
 without any sort of **self-deception or illusion**,
 that a **light** will develop out of events,
 by which the path to success may be **recognized**.
 This recognition must be followed by **resolute and persevering** action.
 For only the man who goes to **meet his fate resolutely** is equipped to deal with it
 adequately.
 Then he **will be able** to cross the great water –
 that is to say,
 he will be capable

- of making the necessary **decision** and
- of surmounting the **danger**.

THE IMAGE

Clouds rise up to heaven: The image of WAITING.
 Thus the superior man

- eats and
- drinks,
- Is joyous and

- of good cheer.

When clouds rise in the sky, it is a sign that it will rain.

There is nothing to do but to wait until the rain falls.

It is the same in life when destiny is at work.

- We should not worry and seek to shape the future by **interfering** in things before the time is ripe.
- We should quietly **fortify** the body with food and drink and the mind with gladness and good cheer.

Fate comes when it will, and thus we are ready.