

Medical Properties Trust Inc MPW under CEO Edward Aldag



6		H	H	H		3	3	3		9
5		H	T	T		3	2	2		7
4		T	T	T		2	2	2		6
3		H	H	T		3	3	2		8
2		H	T	T		3	2	2		7
1		H	T	T		3	2	2		7

### HEXAGRAM 61 - Chung Fu - Inner Truth

Above SUN THE GENTLE, WIND  
Below TUI THE JOYOUS, LAKE

The wind

- blows over the lake and
- stirs the surface of the water.

Thus visible effects of the invisible manifest themselves.

The hexagram consists of

- firm lines above and below, while
- it is open in the center.

This indicates

- a heart free of prejudices,
- and therefore
- open to truth.

On the other hand,

each of the two trigrams has a firm line in the middle; this indicates

- the force of inner truth in the influences they represent.

The attributes of the two trigrams are:

- above, gentleness, forbearance toward inferiors;
- below, Joyousness in obeying superiors.

Such conditions

- create the basis of a mutual confidence

that

- makes achievements possible.

The character fu ("truth") is actually the picture of a bird's foot over a fledgling.

It suggests the idea of brooding.

An egg is hollow.

The light-giving power must work to quicken it from outside, but

there must be a germ of life within,

if life is to be awakened.

Far-reaching speculations can be linked with these ideas.

## THE JUDGMENT

INNER TRUTH. Pigs and fishes.

Good fortune.

It furthers one to cross the great Water.

Perseverance furthers.

Pigs and fishes are

- the least intelligent of all animals
- and therefore
- the most difficult to influence.

The force of inner truth must grow great indeed before its influence can extend to such creatures.

In dealing with persons

- as intractable and
- as difficult to influence
- as a pig or a fish,

the whole secret of success depends

- on finding the right way of approach.

One must first

- rid oneself of all prejudice and, so to speak,
- let the psyche of the other person act on one without restraint.

Then

one will

- establish contact with him,
- understand and gain power over him.

When

a door has thus been opened,

the force of one's personality will influence him.

If in this way

- one finds no obstacles insurmountable,
- one
  - can undertake even the most dangerous things, such as crossing the great water, and
  - succeed.

But

it is important to understand upon what the force of inner truth depends.

This force is not identical with

- simple intimacy or
- a secret bond.

Close ties may exist also among thieves; it is true that such a bond acts as a force

- but, since it is not invincible,
- it does not bring good fortune.

All association on the basis of common interests holds only up to a certain point.

Where the community of interest ceases,

- the holding together ceases also, and
- the closest friendship often changes into hate.

Only when

- the bond is based on what is right, on steadfastness,
- will it remain so firm that it triumphs over everything.

## THE IMAGE

Wind over lake: the image of INNER TRUTH.

Thus

the superior man

discusses criminal cases

In order to delay executions.

Wind stirs water by penetrating it.

Thus

the superior man,

when

obliged to judge the mistakes of men,

- tries to penetrate their minds with understanding,
- in order to gain a sympathetic appreciation of the circumstances.

In ancient China,

the entire administration of justice was guided by this principle.

A deep understanding that knows how to pardon was considered the highest form of justice.

This system was not without success,

for its aim was to make so strong a moral impression

that there was no reason to fear abuse of such mildness.

For it sprang not

- from weakness
- but
- from a superior clarity.

## **THE LINES**

Six in the fourth place means:  
 The moon nearly at the full.  
 The team horse goes astray.  
 No blame.

To intensify the power of inner truth,

- a man must always turn to his superior, from whom
- he can receive enlightenment

as the moon receives light from the sun.

However,

- this requires certain humility,
- like that of the moon when it is not yet quite full.

At the moment when

- the moon becomes full and stands directly opposite the sun,
- it begins to wane.

Just as on the one hand

- we must be humble and reverent
- when face to face with the source of enlightenment,

so likewise

- must we on the other renounce factionalism among men.

Only by

- pursuing one's course like a horse

that goes straight ahead without looking sidewise at its mate,

- can one retain the inner freedom that helps one onward.

Nine at the top means:  
 Cockcrow penetrating to heaven.  
 Perseverance brings misfortune.

- The cock is dependable.
- It crows at dawn.

But

- it cannot itself fly to heaven.
- It just crows.
- A man may count on mere words to awaken faith.
- This may succeed now

but if persisted in,

- it will have bad consequences.

## **MOVING HEXAGRAM**

## HEXAGRAM 58 – Tui - The Joyous, Lake

Above TUI THE JOYOUS, LAKE

Below TUI THE JOYOUS, LAKE

- This hexagram,
  - like Sun,
- is one of the eight formed by doubling of a trigram. The trigram Tui denotes the youngest daughter; it is symbolized by the smiling lake, and its attribute is joyousness. Contrary to appearances,
- it is not the yielding quality of the top line that accounts for joy here.
  - The attribute of the yielding or dark principle is
    - not joy
    - but melancholy.

However, JOY is indicated by the fact that there are two strong lines within, expressing themselves through the medium of gentleness.

True joy, therefore,

- rests on firmness and strength within,
- manifesting itself outwardly as yielding and gentle.

### THE JUDGMENT

THE JOYOUS.

Success.

Perseverance is favorable.

The joyous mood

- is infectious
- and therefore
- brings success.

But

- joy must be based on steadfastness
- if
- it is not to degenerate into uncontrolled mirth.

• Truth and strength must dwell in the heart, while

- gentleness reveals itself in social intercourse.
- In this way

one

- assumes the right attitude toward God and man and

- achieves something.
- Under certain conditions, intimidation without gentleness may achieve something
- momentarily,
  - but not for all time.
- When, on the other hand, the hearts of men are won by friendliness, they are
- led to take all hardships upon themselves willingly, and if need be
  - will not shun death itself, so great is the power of joy over men.

## THE IMAGE

Lakes resting one on the other: The image of THE JOYOUS.  
Thus the superior man joins with his friends  
For

- discussion and
- practice.

- A lake evaporates upward and thus
  - gradually dries up;
- but when two lakes are joined
- they do not dry up so readily,
  - for one replenishes the other.

It is the same in the field of knowledge.

Knowledge should be a refreshing and vitalizing force.

It becomes so only through stimulating intercourse

- with congenial friends
- with whom one
  - holds discussion and
  - practices application of the truths of life.

In this way learning

- becomes many-sided and
  - takes on a cheerful lightness,
- whereas
- there is always something ponderous and one-sided about
  - the learning of the self-taught.